



Nutrition
Academy

Empowerment through nutrition training and outreach



*Helping to train
the next generation
of nutritionists
and food scientists
around the world*

www.enutritionacademy.org

What is the eNutrition Academy?

The eNutrition Academy (eNA) is a global charitable organisation. It has been created to help teach nutrition science to a new generation of nutritionists around the world free of charge, especially in parts of the world where people are most at risk of malnutrition such as Africa, South Asia and South America.

Working in partnership with local universities and colleges, the eNA will support undergraduates, postgraduates and those already in work seeking continuous professional development. The eNA's online courses will be delivered via the proven and renowned Cambridge University Press e-learning platform.



Why is it needed?

Malnutrition and obesity are two of the largest challenges facing people of all ages in both developed and developing countries around the world.

A better understanding of nutrition and how different foods affect our health is vital to tackling these twin problems. Over the last few decades nutrition



scientists have significantly improved our understanding of how the different foods we eat affect our bodies. The research evidence we have today has the ability to improve people's lives, health choices, and mortality rates across the world.

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Who are the founders of the eNA?

The founding partners for the eNutrition Academy are the African Nutrition Society (ANS), the American Society for Nutrition (ASN), the Federation of African Nutrition Societies (FANUS), the International Union of Nutritional Sciences and the Nutrition Society of the United Kingdom and Ireland (NS). The founders have provided start-up finance, but financial support from new donors and sponsors will be needed to ensure the project's long-term success. The eNutrition Academy, launched in July 2014 at the 6th African Nutrition Epidemiology Conference (ANEC VI) in Ghana, plans to extend its reach to other parts of the world in the next few years.

How can you benefit?

If you are thinking of taking up a career as a nutritionist or dietitian, or you are already doing a nutrition degree or postgraduate study and need additional resources, you could benefit from the e-learning platform offered by the eNA.

There is a range of career opportunities for nutritionists, offering professional, evidence-based information and guidance in the areas of Nutrition Science, Public Health Nutrition, Food Nutrition, Sports and Exercise Nutrition and Animal Nutrition.

Qualified nutritionists may work in academia or industry doing scientific research. Many work in partnership with medical professionals and health policy-makers on public health issues, or as independent consultants.



*The eNutrition Academy
is looking for more
partners worldwide*

How can you help?

The eNutrition Academy is looking for more partners worldwide. This includes academics and teaching experts ready to commit their time, equipment and materials to support our online library of courses. The eNA is also looking for partnerships with and support from other organisations willing to help the project broaden its reach and impact around the world over the longer term.



Make a difference

We hope you will join us in this important initiative. Your involvement – either as a contributor or student – could make a difference to millions of people around the world.



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